

Reid Nelson Case Story

I had a very severe back issue. I've had it over the years, but a year and a half ago it got so bad that I was actually laid up flat on my back for about three and a half weeks. My name is Reid Nelson. I couldn't drive... only had comfort when I was lying flat, and I had a special brace. I kind of basically lived on ibuprofen.

Life wasn't looking real good at that time especially being somewhat new to retirement. I really was thinking that maybe I wasn't going to be able to do the traveling and the exercising. I wanted to get out of pain and be able to return to my activities of daily living. The other things that I tried were chiropractic, and through medicine I had the ibuprofen. The medical doctor actually suggested I take something stronger like an oxycodone, and I wasn't going to do that and then I contacted Regenerative Medicine Northwest.

The doctors really kind of alleviated any major concerns I had. They were so honest. It was reassuring that they weren't trying to oversell things. They weren't trying to promise more than they thought they could. I really appreciated the honesty and looking into other things and so forth. One of my sons came over and said "I think you're getting better," and I was standing and I said, "Well, you know, I guess I am doing better because I haven't been able to stand up, get up and move around very comfortably", and it just kept getting better and better.

In fact, I've mentioned to other friends that have asked me that my back is better I think than it was before the injury. Knock on wood. I'm doing better than I was before this injury took place.